



Murrays Bay
INTERMEDIATE

2024 NEWSLETTER

Volume 3 - 23 FEBRUARY 2024

*Me mahi tahi tātau mō te oranga o te katoa.
We should work together for the wellbeing of everyone.*

FROM THE PRINCIPAL'S DESK

Kia Ora Parent(s)/ Caregiver(s)



We extend a warm welcome to Helen Prescott, our new Deputy Principal, as she begins her journey with our school community, starting this week. The role of a Deputy Principal is crucial in supporting the overall leadership and management of the school and I'm sure the staff, students, and parents alike are eager to get to know Ms. Prescott better and to benefit from her contributions to the school community. The 'Staff Spotlight' below is a wonderful opportunity to find out a bit more about Helen.

It's heartening to hear about the positive experience that the Year 8 students and staff from Rangitoto Mini School had at Camp Finlay Park this week. Such camps indeed require a significant amount of dedication and coordination, and it's essential to acknowledge the contributions of everyone involved.

A heartfelt thank you is owed to the parents who generously volunteered their time to support the camp. Their involvement not only ensures the smooth running of the event but also fosters a sense of community and collaboration.

Additionally, the commitment and hard work of the teachers deserve special recognition. Their tireless efforts in preparing for the camp, providing round-the-clock supervision, offering first aid, and providing emotional support, demonstrate their dedication to the well-being and growth of their students. It's evident that they go above and beyond to create a positive and enriching experience for all involved.

To the teachers, your sacrifices and commitment to your students' experiences do not go unnoticed. Thank you for your unwavering dedication and for prioritising the growth and development of your students, giving up time with your own families. Your efforts truly make a difference and are deeply appreciated.

It's wonderful to see how the camp provides such a rich environment for students to not only engage in thrilling activities but also to embody and reinforce our School Values of Whakaute - Honesty; Manaakitanga - Respect; Aumangea - Resilience; and Atawhai - Kindness.

For many, the experience of being away from their parents for an extended period can be both daunting and exhilarating, offering a chance for personal growth and independence. Meanwhile, trying new activities and pushing one's limits can foster a sense of accomplishment and self-confidence.

The range of activities offered, from kayaking to paintball to bush survival, ensures that every student has the opportunity to find something they enjoy and perhaps discover new passions. Moreover, these activities encourage teamwork, problem-solving, and perseverance, all of which are invaluable skills for navigating life's challenges.

Congratulations to the Rangitoto Year 8s for embracing these opportunities and demonstrating their ability to thrive in unfamiliar situations. With such a fulfilling and enriching experience, it's no wonder that everyone will likely sleep well this weekend, filled with memories of adventure and camaraderie.

Ngā mihi nui,

Melinda Hes Principal / Tumuaki

Staff Spotlight - Mrs Preston

How long have you worked in Education?

I have been involved in the primary and intermediate education sector for approximately 16 years.

Prior to that I provided training to adults in various computer software applications, globally.

Where did you go to school?

I am originally from Lake Rotoma and went to Lake Rotoma primary school, which at the time, had a roll of 20 students (years 0-8). We had to bus into Rotorua Intermediate each week for our tech subjects.

What's your favourite memory from when you were in school?

I remember writing adventure stories and then being able to act out and film our stories in the farmland and bush. It was great fun watching them back.

What's important to know about you?

If you see me around, please come and say hello. It's important to me to get to know the school community.

What's something many people may not know about you or that you do in your time away from school?

I enjoy travelling and seeing new places. Last year I explored the Abel Tasman with a group of friends and loved seeing shooting stars in the clear night sky.

What's your favourite quote and/or favourite whakataukī?

He aha te mea nui? Māku e kii atu, he tāngata, he tāngata, he tāngata. What is the most important thing in the world? Well, let me tell you, it is people, it is people, it is people.



Uniform Updates

There are delays in receiving new uniform stock. We apologise for the inconvenience this may cause, but unfortunately this is out of our control. In particular socks, hoodies and the larger sizes of PE shorts and shirts are delayed.

Socks:

We are expecting our full order of socks in approximately two weeks time. While you are awaiting your order: your child is allowed to wear plain blue or black socks until the socks are received.

Hoodies:

We expect our order to arrive mid April. While you are awaiting your order: your child can wear a plain blue, black or green hoodie if they are cold.

PE Shirts and Shorts:

Sizes 14 and upwards will arrive in approximately six weeks. If you have NO PE Uniform that fits - students are welcome to wear Plain black or blue shorts with a plain blue or black or green t-shirt.

We appreciate your patience and understanding as we navigate these stock order delays and we will notify you as soon as the new stock comes in.

Hoodies and Surname Printing: There are still a few sizes we are awaiting and will send them out as soon as we have them in stock. If you would like to have your child's surname placed on the back of their hoodie (no nick names or first names) please contact: **NZ UNIFORMS- 19A Douglas Alexander Parade, Rosedale- 09 477 6300**

Kindo Orders:
All uniform items can be ordered via the Kindo App. Orders will be collated every **Wednesday** and **Friday** and sent directly to the student.

Uniform Queries and Fittings:
All queries and fittings will be attended to on a **Tuesday and Wednesday between 8am - 2pm.**

Email queries to: leigh.hand@mbi.school.nz

Uniform Purchases

NEW Supporters Gear

This year, MBIS is thrilled to announce the launch of our very own **Supporters Shop!**

We've created a small range of MBIS-branded items specifically tailored for coaches, managers, and supporters to proudly wear and show their school spirit. The Supporters Shop will be open for purchases from Friday, February 16th, through to Friday, March 1st.

After this initial period, the shop will temporarily close to allow for the production of items, which are made to order. Anticipated delivery time is estimated to be 6-8 weeks.

In addition, we're excited to share that we're exploring the possibility of adding a scarf and beanie to the shop as well. To gauge interest around these items, please take a moment to complete this quick **Google Form**. We warmly encourage you to explore the shop and consider showing your support for our school by purchasing some of our exclusive merchandise. Thank you for being a part of our MBIS community and for your ongoing support. We can't wait to see everyone proudly sporting their MBIS gear!



Practice Lockdown (Monday, 26 February 2024)

It's important that staff and students are well prepared for a lockdown situation should the school ever need to do this.

With this in mind on Tuesday 28 February we are having a **practice** lockdown. This will involve all students and staff.

An assembly on Monday morning before the practice lockdown will inform students of what they need to do to lockdown and keep safe.

Emails to parents/caregivers will be sent out as part of the practice.

Please do not come to school to collect your child once you receive this email - this is only a practice.

Feel free to support and discuss this further with your child should you feel the need.

On Another Note

with the Music Department

Does your child like to Sing?

We have just started a GLEE Club for those who love to sing together but don't want the pressure of an audition. If your child is interested, please sign them up [HERE](#). Rehearsals will take place in Room 42 at lunchtimes on Fridays.

Individual Drum Lessons:

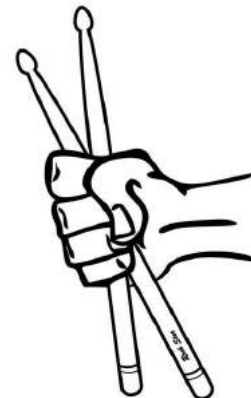
Available with Ben Doy during the school day. 1:1 lessons available:

20 minutes: \$26 or 30 minutes: \$35

Contact Ben directly: bendoydrumtuition@gmail.com

Instrumental Lessons: Is your child still wanting to learn an instrument at MBIS?

All details are found on our [website](#).



SchoolTV- SPECIAL REPORT: Toxic Achievement Culture

Toxic achievement culture is characterised by the entanglement of self-worth, achievement and the relentless pursuit of academic or extracurricular success - at any cost!

This phenomenon goes beyond the mere quest for success. It embeds a belief in students that their merit is exclusively tied to their achievements, often propelled by intense external pressures from families, schools, and society.

Some students are overfilling their schedules with activities aimed at "getting ahead". However, the consequences are proving to be detrimental on students' mental and physical health resulting in burnout and heightened levels of stress. This culture is also being aggravated by parental expectations, peer competition and a relentless comparison ethos often driven by social media.

There is nothing wrong with having ambition, but it's crucial to ensure that this desire doesn't push our young people into a toxic cycle of achievement and make them feel that they must achieve in order to matter. The relentless drive to excel is leading many students to prioritise accolades over genuine learning and personal growth, often at the expense of their own wellbeing and interpersonal relationships. As adult carers, we need to advocate for a more balanced and holistic approach to achievement, emphasising the importance of resilience, wellbeing, and the pursuit of diverse interests.

This Special Report will help you understand the signs of toxic achievement, and how to address them so as to teach students how to adopt a better work/life balance.

Here is the link to your Special Report [Here](#)

Helpful Resources for Parents- from Parenting Place



Beginning a new school year, especially if it is for the first time, is exciting but it does come with some big questions too. To make sure everyone is as confident and prepared as they can be, here are some practical ideas for guiding kids back to school.

<https://parentingplace.nz/resources/back-to-school-survival-guide>

For some kids, heading back to school is met with eager excitement. For others, it's the source of much anticipation and dread.

<https://parentingplace.nz/resources/how-to-talk-about-back-to-school-anxiety>

You want your children to take this moment in their stride and meet school confidently and well. But there are a few things parents (and kids!) tend to get anxious about.

<https://parentingplace.nz/resources/tricky-transitions-returning-to-school-after-the-holidays>

The Parenting Place's toolbox courses are starting back up this term.

If parents are interested in taking part in our six-week course they can get more information and sign up here!

<https://parentingplace.nz/courses>

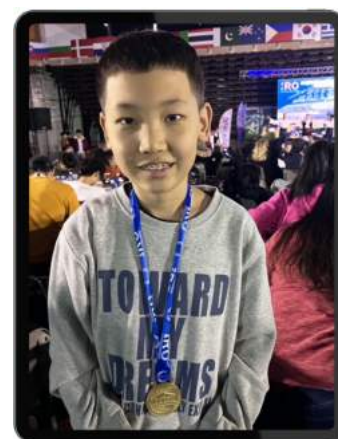
Celebrating Our Students

Oscar Li (Y8), achieved great success at the **International Robot Olympiad 2023**, held in Greece in January 2024. Oscar completed building and programming the robots within 5 hours without any help from others, which is a great achievement.

Oscar received:

Gold from **Creative Robot** & **Silver** from **Physical Computing**

Oscar has won the opportunity to go to Houston in April because he was in the top two performing teams at the **NZ First Robotic** tournament in December, 2023. He is the youngest in the team.



Henry Huang (Y7) - Kidwe Lab. Henry's team demonstrated unwavering dedication and perseverance throughout the VEX IQ National Championship, competing in over a hundred qualification matches. The team's outstanding performance has earned them a spot in the finals, where they also received the Design Award. As a result, they will be representing **New Zealand at the World Championship in Dallas, USA**, this coming May.

Canteen

Fill those *Hungry Bellies*



NEW cut off time for canteen orders: **8:45 am each day.**
The menu is loaded with DELICIOUS eats.

The Canteen is held to the highest standard at all times and has once again achieved another:

A - Excellent Auckland Council Food Safety Grade.



Week 5 & 6 Planner

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

WEEK <i>five</i>	(26 Feb) EOTC Trees Rm 36 EOTC WERO Rms 13 & 14 EOTC WW Rm 40 (am) & Rm 39 (pm) LOCKDOWN PRACTICE	(27 Feb) EOTC Trees Rms 5 & 6 North Harbour Boys Softball Zone Day	(28 Feb) North Harbour Girls Softball Zone Day	(29 Feb)	(1 Mar) EOTC Trees Rms 7 & 8 EOTC WERO Rms 16 & 17 EOTC WW Rm 11 (am) & Rm 9 (pm)
	(4 Mar) EOTC WERO Rms 36 & 39 EOTC WW Rm 41 (am) & Rm 12 (pm)	(5 Mar) EOTC WW Rms 14 (am) & Rm 33 (pm) Y8 Hockey Trials North Harbour Tag Zone Day	(6 Mar)	(7 Mar) North Harbour Cricket Boys Zone Day Y7 Hockey Trials	(8 Mar) EOTC WERO Rms 5 & 6 EOTC WW Rm 10 (am) & Rm 13 (pm) EOTC Trees Rms 16 & 17 North Harbour Triathlon Zone Day

Stretch Your Brain

With Mr Tabuzo (Room 16)

At MBI, we enjoy diving into math and solving cool problems and questions. By having discussions about rich problems and tasks, we get to boost our critical thinking, logic, and reasoning. Here's a fun way to do it with our family!

Every Friday, there will be a question in the newsletter. Students are encouraged to solve it with anyone from the family.

Congratulations to **Rudra Saini** from Room 12 for winning the Stretch Your Brain challenge. The answer to the previous challenge is three more red balls (four in total) are required. Blue weighs 5 units, red weighs 3, and white weighs 1.

Here is this week's challenge:

24 Three of the four color pictures show the rocking chairs in the same position as in the overview. Which picture is the exception?

The challenge card contains the following elements:

- Question:** Three of the four color pictures show the rocking chairs in the same position as in the overview. Which picture is the exception?
- Overview:** A set of four black silhouettes of rocking chairs, one upright, one tilted back, one tilted forward, and one tilted to the side.
- Option A:** Three rocking chairs (red frames, yellow seats/rockers) shown from a perspective where the chairs are tilted back.
- Option B:** Three rocking chairs shown from a perspective where the chairs are tilted forward.
- Option C:** Three rocking chairs shown from a perspective where the chairs are tilted to the side.
- Option D:** Three rocking chairs shown from a perspective where the chairs are upright.

Enter the answer in the [link](#) in the newsletter. Upload a picture or video of you and your whanau solving it.

On Thursday, we will conduct a random draw to select a winner who will receive an **Aqualite!** We will announce the winner on MBITV on Friday.

Community Notices



DRAMA - DANCE - SINGING

Accelerate Confidence and Communication Skills

Enrol in February to be in the draw to win one of ten April Holiday programs with a bestie.

"Pform.nz classes provide the most fun of our son's week"

There is a Pform venue near you in Birkenhead every Tuesday & Murrays Bay every Wednesday and advanced training at Wellesley Studios every Saturday.

ADVANCED PERFORMANCE TRAINING

These courses are designed for those students who want to take their education in the Performing Arts further. If you want to audition with success then these are the courses for you. You will train in a fun and challenging environment with performers who are like-minded.

No previous experience is necessary but would be an advantage.

Performers will have the opportunity to tour and have numerous big-stage performances.

You will train at the Wellesley Street Studios each Saturday.

Free Trials available for a limited time www.pform.nz/free-trial

www.pform.nz info@pform.nz

Frontline Learning

MATHS, PHYSICS, HISTORY, BUSINESS STUDIES, CALCULUS ENGLISH FOR YR 1-13

Maximize your learning with our personalized online sessions by visiting my website <https://www.frontlinelearning.co.nz/>

We offer individual one-on-one sessions, and we adapt our method of tutoring to your learning style. Easy and convenient online-booking system to reach us.

ENGLISH MATH

AFTER SCHOOL TUITION PROGRAMME

NO ENROLLMENT FEE REQUIRED/ FREE DIAGNOSTIC TEST

EYE LEVEL TIME TABLE
0310PM - 0530PM (MONDAY - FRIDAY)
1100AM - 0100PM (SATURDAY)

\$160/ MONTHLY TWICE A WEEK (\$20 PER HR)

SUMMIT OF MATH

- Eye Level Summit of Math is the award-winning, personalised and adaptive online math programme

Monthly Subscription

- Unlimited Access at Home & Personalized Math Practice
- Weekly Assignments from instructor
- Progress checkup & Tutoring at the Centre (1hr)
- \$80 (Monthly)

STUDIO PROGRAM

- IPAD DRAWING
- ART&CRAFT&FILM
- SKETCHING & COLOR

ART PLUS

\$35/ 1.5 HR

EYE LEVEL - NORTH SHORE

MILFORD CENTRE 022 066 8615	NORTHCOTE CENTRE 022 462 3577	ART PLUS 0212146159
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MID BAYS MUSIC SCHOOL 2024

Our highly qualified tutors make learning music relevant and enjoyable and would love to support your child.

When: Weekdays after school or Saturday mornings.

Where: Murrays Bay Intermediate School.
Start date: 10th February 2024.

Instruments offered: Guitar, Ukulele, Saxophone, Keyboard, Trumpet, Recorder, Flute, Violin, Cello and Clarinet.

Click [here](#) to find out more about each instrument.

Cost: \$170 - \$270 for the whole year (this includes book hire but NOT instrument hire).

Age: Group lessons are open to 6 - 12 year olds but there are [age requirements](#) for some instruments.

Enrolments need to be completed through Kindo and you will need to create an account for this. Any troubleshooting solutions will be online at www.mbmusic.org or email mbmusic@mbi.school.nz with any questions. Please check our [website](#) for more information.

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